

STANDARDS CHART

	U6 - U8	U9 - U10	U11 - U12	U13 - U14	U15 - U16	U17 - U19
FIELD SIZE (YARDS)	25-35 L 15-25 W	55-65 L 35-45 W	70-80 L 45-55 W	100-130 L 50-100 W	100-130 L 50-100 W	100-130 L 50-100 W
MAX. GOAL SIZE (FEET)	4' H 6' W	6.5' H 18.5' W	7' H 21' W	8' H 24' W	8' H 24' W	8' H 24' W
BALL SIZE	3	4	4	5	5	5
PLAYERS	4v4 No GKs	7v7 with GKs	9v9 with GKs	Full-Sided	Full-Sided	Full-Sided
GAME TIME (MINUTES)	10' x 4 Quarters	25' x 2 Halves	30' x 2 Halves	35' x 2 Halves	40' x 2 Halves	45' x 2 Halves
OVERTIME PERIODS	No	No	10' x 2 Halves	10' x 2 Halves	15' x 2 Halves	15' x 2 Halves
OFFSIDE	No	Yes	Yes	Yes	Yes	Yes

Recommended maximum sizes and details by age group according to U.S. Soccer.

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